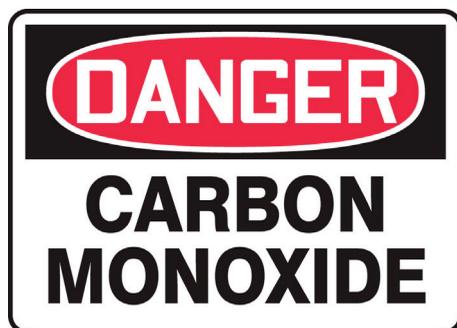


Call **1-800-222-1222**
if you have questions
about carbon monoxide

CO ALARMS

- Install a carbon monoxide alarm in the hallway near every sleeping area in the home.
- Follow the recommended installation instructions.
- A variety of alarms are available at hardware stores and home centers.
- Check the battery at least twice a year, or when you change the time on your clocks each spring and fall.
- Replace your CO alarm every five years.
- If the alarm sounds, leave the home immediately and call your local fire department.



PREVENTION

- Have your heating system, water heater, and any other gas, oil, or coal burning appliances inspected every year.
- Make sure your gas appliances are vented properly.
- Have your chimney checked or cleaned every year. Chimneys blocked by debris can cause CO to build up inside your home or cabin.
- Never use a gas range or oven for heating as it can cause a build up of CO inside your home, cabin, or camper.
- Never burn charcoal indoors. Burning charcoal - red, gray, black, or white - gives off CO.
- Never use a generator inside your home or garage, even if doors and windows are open.
- If using a generator outside of your home, make sure it is more than 15 feet away from doors or windows.
- Never run your car or truck inside a garage that is attached to a house even with the garage door open.
- Always open the door to a detached garage to let in fresh air when you run a car or truck inside.



TEXAS POISON CENTER NETWORK
poisoncontrol.org

POISON CENTER
1-800-222-1222
poisoncontrol.org



POISON
Help
1-800-222-1222

Call **1-800-222-1222** to reach your local poison center.

WHAT IS CO?

- Carbon monoxide (CO) is a colorless, odorless gas that can kill you.
- It is referred to as the “silent killer” because you can’t see, smell, or taste it.
- When you breathe in CO, it prevents your blood cells from carrying oxygen.
- **Know the symptoms of CO poisoning:**
 - Headache
 - Confusion
 - Fatigue
 - Seizures
 - Dizziness or loss of consciousness
 - Nausea and vomiting
 - High levels of CO poisoning can cause death
- If several people in the home have symptoms at the same time, consider CO poisoning.
 - Children, elderly, & those with preexisting conditions are often affected first.



DID YOU KNOW?

- Unless suspected, CO poisoning can be hard to diagnose because the symptoms are like other illnesses such as the flu.
- Each year, more than 400 Americans die from unintentional CO poisoning not linked to fires, more than 20,000 visit the emergency room, and more than 4,000 are hospitalized.
- Placing a generator 15 feet away may not be far enough from your home to keep CO out.
- CO poisonings occur most often in the Fall and Winter months.



WHERE IS CO FOUND?

- CO is found in fumes produced any time you burn wood or burn fuel in cars or trucks, small engines, stoves, lanterns, grills, fireplaces, gas ranges, or furnaces.



• Appliances & Equipment that produce CO

- Gas and oil furnaces, boilers and water heaters
- Gas, oil, and kerosene space heaters
- Gas kitchen ranges and ovens
- Gas powered lawn mowers, chain saws and weed eaters
- Cars, trucks, and mopeds
- Charcoal grills, candles and gas lanterns
- Generators
- Fireplaces
- Boats



Emergency. Information. Prevention.

**CALL US FIRST,
24 HOURS A DAY,
365 DAYS A YEAR!**

OUR SERVICES ARE FREE